

HOW THE SOCIAL MEDIA AGE RESTRICTIONS WILL HELP KEEP YOUR TEEN SAFE.

Legislation is set to come into effect in Australia on the 10th December. This legislation will require certain social media services to take reasonable steps to prevent minors under the age of 16 from having and creating social media accounts.

[Watch](#) eSafety Commissioner Julie Inman Grant explain what the Australian Government expects of social media platforms.



IT'S NOT A BAN, IT'S A DELAY GIVING CHILDREN THE GIFT OF TIME FOR HEALTHY BRAIN DEVELOPMENT, STRONGER RELATIONSHIPS, AND THE SKILLS AND RESILIENCE THEY'LL NEED BEFORE FACING THE PRESSURES OF SOCIAL MEDIA.

The responsibility lies with the platform.

There are no penalties for teens or parents only for platforms that fail to take reasonable steps to prevent under-16s from having accounts. But parents play a vital role in guiding their children's digital habits and supporting healthy alternatives to social media during these years. This change gives parents a stronger foundation to safeguard their children's wellbeing while they grow and develop.

You're not alone.

[eSafety](#) offers trusted resources for parents, carers, educators and young people. Parents can sign up for eSafety's free newsletter to receive updates about the social media age restrictions. Click [here](#) to subscribe to the eSafety newsletter.

The Australian social media age restrictions can be seen as a practical application of Catholic principles, striving to protect the inherent dignity of young people and supporting parents in their primary role as educators.

Watch: <https://vimeo.com/1095511410?p=1s>

Source: <https://www.esafety.gov.au/>

